

All our courses are...

- ...small and friendly
- ...relaxed and informal
- ...local
- ...easy to join

... a great opportunity
to meet other
parents and carers
and to share ideas.

...and for **ANYONE**

who cares for a child attending mainstream school in
Kidderminster, Stourport, Bewdley or Hagley
e.g. parents, carers, step-parents, aunts, uncles,
grandparents, guardians etc.

All sessions and refreshments are
FREE to YOU!

Non-contributory



*Since starting this course I have
started to talk to my children
more about their feelings. I now
realise why they were behaving
the way they were.*

Parent, Bewdley

*I'm really looking
forward to joining the
(follow-up) support
group in September.*

Parent, Hagley

For more information or to
book a place please call:

01562 851292

or speak to your WHP Link
Worker or your child's school

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Kidderminster, Worcestershire DY11 5PQ.



*It's got me thinking about
how my behaviour affects
my child's behaviour. The
house is already calmer.*

Parent, Stourport

*The programme and staff
have been a great help, it
has been really beneficial.*

Parent, Kidderminster



Wyre Forest and Hagley Project

Early support for school and home life

to help children make the most

of every school day

**WHP courses for
All Parents & Carers**



Would you like to improve your relationship with your child?



Completed Triple P. Calmer in self, stopped escalation. Am firmer and more confident. Really great help. More than I imagined.

Carer, Kidderminster

What is Family Links?

A 10 week course. Each session lasts 2 hours.

The programme builds on your existing parenting skills and promotes nurturing and empathy by helping us to think about:-

- Why children behave as they do
- The feelings behind behaviour (ours and theirs)
- Different approaches to discipline
- Developing co-operation and self-discipline in children
- The importance of looking after ourselves



Family Links

I actually go shopping with the children now rather than avoiding it.

Parent, Kidderminster



What is Triple P?

A course with 6 x 2 hours sessions and 3 sessions by telephone.

The programme builds on your existing parenting skills and promotes managing behaviour in a constructive way, using good communication and positive attention. It helps us to think about:-

- Ensuring a safe, interesting environment
- Creating a positive learning environment
- Using assertive discipline
- Having realistic expectations
- Taking care of yourself as a parent



Different Triple P courses:

Standard

For families with children aged between 2 and 10 years old

Stepping Stones

For families with children who have additional needs, e.g. Aspergers ADHD etc.

Men's

For Dads, Stepdads, Grandads, Uncles and all other male carers

Teen

For families with older children and teenagers